

Baby Teething

Teething can be a hard, painful time for baby, which can make it a hard time for their parents as well. Knowing what to expect may make the process easier for baby.

What is teething?

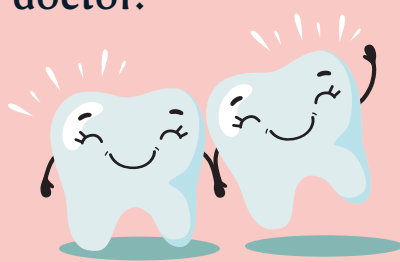
Teething is when a baby is first getting their teeth in and they are coming through their gums.



Signs of teething:

- Drooling more
- Wanting to chew on things
- Irritated or cranky
- Crying
- Sleep and eating is disrupted

Some babies have no pain when teething. They should not have a fever or diarrhea, so if this occurs, contact your doctor.



How to make it easier:

- Rub their gums with a clean finger
- Give them something safe to chew on, like a teething ring
- Ask your doctor about baby pain medications
- Do not rub alcohol on their gums

How to care for their teeth:

- Brush their teeth twice a day once all teeth are in
- Include flossing into the routine
- Don't let your baby fall asleep with a bottle in their mouth
- See a dentist at age one

When will it start?

You will most likely see their teeth poking through their gums at about 4 to 7 months of age. The first ones to appear will likely be the two bottom front teeth, followed by the upper front teeth. The molars will be the last to appear, and your child should have all of their teeth by the time they are three years old.

