

Maternal Mortality

CAUSES AND PREVENTION



Maternal Mortality

Maternal mortality refers to death during pregnancy and pregnancy-related deaths up to 42 days after delivery. This is a pressing issue globally, but especially in the United States.



Causes of Maternal Death

- Cardiovascular conditions
- Infection
- Severe bleeding
- Heart disease
- Blood clots
- Hypertension
- Stroke



Mental Health Can Play A Role

Women suffering from postpartum depression or postpartum anxiety are at higher risk of maternal death due to mental health issues. Some common causes are substance use disorders and suicide. Screening for postpartum depression and anxiety should be performed in the weeks after birth.



Other Factors Include Prevention From Care

This can be due to

- Poverty
- Distance from facilities
- Lack of education
- Inadequate care
- Cultural beliefs



In Texas...

Maternal mortality rates are moderately severe. In order to decrease this, there needs to be a greater focus on the health of these mother. There needs to be education on the risks and warning signs of maternal mortality.